

## **TRALEE HARRIERS ATHLETIC CLUB**

### **UPCOMING EVENTS**

The outdoor track & field season is upon us once again, and hopefully all of the hard training over the last few months will pay off. The County Senior Championships are on May 6<sup>th</sup> while the County Juvenile Championships are on May 11<sup>th</sup> and 12<sup>th</sup>. The Masters Championships will be held in conjunction with the Juvenile event on May 12<sup>th</sup>. Our younger members will also be interested in the Tralee Primary School Sports which the club will be hosting in the ITT North Campus on Friday night 17<sup>th</sup> May. The County Primary School Sports take place on Saturday 25<sup>th</sup> May.

Relay teams will be selected at training sessions over the next few weeks. Note that club singlets must be worn at championship events, and are available for sale from club officials at training.

### **TRAINING**

Juvenile members will continue to train in Mounthawk Secondary School for at least two more Thursday evenings. The younger athletes (born 2000 to 2006) train indoors from 6.30pm to 7.30pm and the older athletes (born before 2000) train outdoors from 6.30pm to 8.00pm.

Outdoor training takes place at the Institute of Technology North Campus on Tuesdays from 6.30 to 7.30pm. Athletes are advised to come prepared with warm clothes, raincoat and a drink. New members can sample two training sessions before registration is required.