

TRALEE HARRIERS ATHLETIC CLUB

TRALEE INTERNATIONAL MARATHON

The Tralee International Marathon got off to a fine start last Saturday 16th March with blue skies and sunshine greeting the runners as they lined up for the inaugural event. Roughly 1300 runners took part between the full Marathon and the Half-Marathon. Well done to all of our club members who completed the course. Well done also to Marcus Howlett and his team for the fantastic organization, and to all of our club members who helped out at the Expo and on the day of the race. It was great to see so many people giving of their time to make the event a success.

TRAINING

Juvenile members currently train indoors in Mounthawk Secondary School on Thursday evenings. The younger athletes (born 2000 to 2006) train from 6.30pm to 7.30pm and the older athletes (born before 2000) train from 6.30pm to 8.00pm. Outdoor training takes place at the Institute of Technology North Campus on Tuesdays from 6.30 to 8.00pm for athletes born before 2002. New members can sample two training sessions before registration is required.